

## CSS Vision, Goals & Principles

### Vision

All people live and flourish in communities characterized by charity – *love in action*.

### Goals

- People we work with have a safe, secure place to live so they can access the resources they need to live well in their community.
- People we work with are safe, secure and violence free in their family/whānau relationships.
- People we work with from refugee and migrant backgrounds are achieving their goals and are on a journey to participating in their communities.
- People we work with who are vulnerable are connected to their community and on a path to achieve their goals.

### Principles of Catholic Social Teaching

- Human Dignity
- Solidarity
- Preferential Option For The Poor And Vulnerable
- Common Good
- Subsidiarity
- Stewardship
- Participation



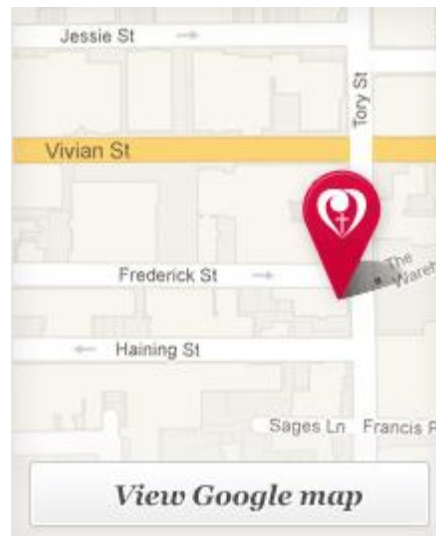
### Contact Us

Phone: (04) 385 8642

Email: [reception@wn.catholic.org.nz](mailto:reception@wn.catholic.org.nz)

Address: Suzanne Aubert Compassion Centre  
Level 1, 132 Tory St, PO Box 9408,  
Wellington 6141

**Catholic  
Social Services**  
people helping people *āwhina tātou*



 **Archdiocese  
OF Wellington**

## Catholic Social Services

Catholic Social Services (CSS) is the social outreach agency of the Catholic Archdiocese of Wellington that **provides support services to people of all backgrounds and beliefs.**

CSS provides confidential assistance to individuals, couples, and families from any cultural, ethnic, gender identity, sexual orientation, religious, and socio-economic background.

We aim to implement services that are culturally competent and in alignment with the Treaty of Waitangi.

- Low cost Counselling
- Social Work support
- Refugee resettlement support
- Hospital & Prison Chaplains
- Responding to poverty through projects and partnerships
- Advocating for change

*“Come to me, all you who labour and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light.” (Mt. 11:28-30)*

## CSS Counselling

CSS Counsellors provide low-cost counselling to help individuals, couples, and families cope with issues including (but not limited to):

- depression
- anxiety
- family violence
- parenting
- self-esteem
- family separation
- abuse & trauma
- anger management

All CSS Counsellors are professionally qualified, registered and receive regular supervision to ensure effective and ethical practice.

Counselling sessions last approximately one hour and will be scheduled weekly/fortnightly or as required. The number of sessions will be determined by your counsellor in discussion with you.

Low cost contributions range from \$20 to \$40.

The contributions clients make towards the cost of counselling services help support the continuation of our service.

## Seasons for Growth

Supporting youth and adults through change, grief, and loss.

## CSS Social Work

CSS Social Workers work alongside individuals, couples, and families with various needs including (but not limited to):

- housing
- budgeting
- WINZ benefits
- refugee and migrant resettlement
- advocacy
- parenting
- referral to and liaising with other community agencies.

All CSS Social Workers are professionally qualified and receive supervision to ensure effective and ethical practice.

Social work is provided **without charge.**

## Clergy Support - Healthcare Coordination

CSS supports the Archdiocese in the care of their clergy members, both in active ministry and in retirement. The Health Coordinator seeks to advocate, monitor, coordinate and initiate healthcare services in accordance with the clergy member's wishes while ensuring that they are treated with dignity and respect.